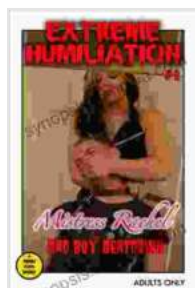


Extreme Humiliation: A Provocative Exploration of the Dark Side of Human Nature



EXTREME HUMILIATION 1 by David Wiles

★★★★☆ 4 out of 5

Language	: English
File size	: 2948 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Print length	: 73 pages
Lending	: Enabled



In his groundbreaking new book, *Extreme Humiliation*, David Wiles takes us on a journey into the darkest corners of the human psyche, exploring the extreme acts of humiliation that drive and shape our lives.

Wiles argues that humiliation is an essential part of human life, and yet it is a topic that has been largely ignored by scholars and therapists alike. He shows how humiliation can be a source of great pain and suffering, but it can also be a catalyst for growth and transformation.

Wiles draws on a wide range of disciplines, including psychology, sociology, anthropology, and history, to paint a comprehensive picture of humiliation. He examines the ways in which humiliation is used to control and oppress others, and the ways in which it can be a source of shame and self-loathing.

But Wiles also shows that humiliation can be a source of great strength and resilience. He tells the stories of individuals who have overcome extreme humiliation to become successful and fulfilled. He argues that humiliation can be a catalyst for change, and that it can help us to become more compassionate and empathetic towards others.

Extreme Humiliation is a powerful and provocative book that will challenge your assumptions about human nature. It is a must-read for anyone who wants to understand the complexities of power, shame, and redemption.

Reviews

"**Extreme Humiliation** is a tour de force. David Wiles has written a book that is both deeply disturbing and profoundly moving. He takes us on a journey into the darkest corners of the human heart, and he shows us how humiliation can be a source of both great pain and great strength. This is a book that will stay with me for a long time to come." — **Jon Ronson**, author of *The Psychopath Test*

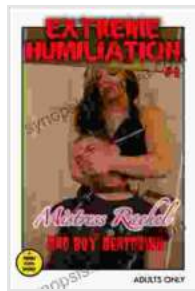
"**Extreme Humiliation** is a brilliant and unflinching exploration of one of the most taboo subjects in our culture. David Wiles writes with great empathy and insight, and he challenges us to confront our own complicity in the humiliation of others. This is a book that will make you uncomfortable, but it is also a book that will change the way you think about the world." — **Rebecca Solnit**, author of *Men Explain Things to Me*

"**Extreme Humiliation** is a powerful and important book. David Wiles has done a great service by shining a light on this dark and dangerous subject. This is a book that will make you think, and it is a book that will stay with

you long after you finish reading it." — **Steven Pinker**, author of *The Better Angels of Our Nature*

About the Author

David Wiles is a professor of psychology at the University of California, Berkeley. He is the author of several books, including *The Power of Shame* and *The Moral Psychology of Humiliation*.



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