

More Than 40 Of The Area's Greatest Off-Road Bicycle Rides: Regional Mountain Biking



Are you looking for the best mountain biking trails in the area? Look no further! This book features more than 40 of the greatest off-road bicycle rides in the region. Whether you're a beginner or an experienced rider, you're sure to find a trail that's perfect for you.

Mountain Biking Moab: More than 40 of the Area's Greatest Off-Road Bicycle Rides (Regional Mountain Biking Series) by David Crowell

★★★★☆ 4.8 out of 5

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The trails in this book are all rated for difficulty, so you can choose a ride that's appropriate for your skill level. You'll also find detailed descriptions of each trail, including the distance, elevation gain, and terrain. Plus, there are plenty of photos and maps to help you plan your ride.

So what are you waiting for? Get your copy of More Than 40 Of The Area's Greatest Off-Road Bicycle Rides today and start exploring the region's best mountain biking trails!

Chapter 1: Beginner Trails

If you're new to mountain biking, or if you're just looking for a leisurely ride, the beginner trails in this chapter are a great place to start. These trails are relatively flat and easy to navigate, so you can focus on enjoying the scenery and getting some exercise.

Here are a few of the beginner trails featured in this chapter:

* **Easy Street:** This 2-mile trail is perfect for beginners. It's mostly flat, with just a few gentle hills. * **Greenway Trail:** This 3-mile trail follows a scenic riverfront. It's a great place to ride with the family. * **Nature Trail:**

This 4-mile trail winds through a beautiful forest. It's a great place to see wildlife.

Chapter 2: Intermediate Trails

Once you've mastered the beginner trails, you're ready to move on to the intermediate trails. These trails are more challenging than the beginner trails, but they're still manageable for most riders.

Here are a few of the intermediate trails featured in this chapter:

* **Hilltop Trail:** This 5-mile trail climbs to the top of a hill, offering stunning views of the surrounding area. * **Ridge Trail:** This 6-mile trail follows a ridge line, providing a challenging workout and great views. * **Valley Trail:** This 7-mile trail winds through a valley, crossing several streams and bridges.

Chapter 3: Advanced Trails

If you're an experienced rider looking for a challenge, the advanced trails in this chapter are for you. These trails are technical and demanding, but they're also incredibly rewarding.

Here are a few of the advanced trails featured in this chapter:

* **Devil's Peak Trail:** This 8-mile trail climbs to the summit of Devil's Peak, the highest point in the area. * **Rock Garden Trail:** This 9-mile trail is full of technical obstacles, including rock gardens, drops, and jumps. * **Extreme Trail:** This 10-mile trail is only for the most experienced riders. It's full of extreme obstacles, including steep climbs, loose rocks, and narrow ledges.

Chapter 4: Planning Your Ride

Once you've chosen a trail, it's important to plan your ride carefully. This includes choosing the right gear, packing the right supplies, and checking the weather forecast.

Here are a few tips for planning your ride:

* **Choose the right gear:** Make sure you have a mountain bike that's in good condition. You'll also need a helmet, gloves, and appropriate clothing.

* **Pack the right supplies:** Bring plenty of water, snacks, and a first-aid kit. You may also want to bring a map and compass.

* **Check the weather forecast:** Make sure the weather is going to be good before you head out. If there's a chance of rain, bring a rain jacket.

Chapter 5: Trail Etiquette

When you're riding on a mountain bike trail, it's important to follow proper etiquette. This includes respecting other riders, yielding to hikers, and staying on the trail.

Here are a few tips for following trail etiquette:

* **Respect other riders:** Yield to riders who are coming downhill. Let faster riders pass you on the left.

* **Yield to hikers:** Hikers always have the right of way on trails. Slow down and give them plenty of room to pass.

* **Stay on the trail:** Don't cut switchbacks or ride off-trail. This damages the trail and can lead to erosion.

Mountain biking is a great way to get exercise, enjoy the outdoors, and explore the area. With its detailed descriptions, photos, and maps, More

Than 40 Of The Area's Greatest Off-Road Bicycle Rides is the perfect guide for mountain bikers of all levels.

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