

Second Impact: Making the Hardest Call of All



Second Impact: Making the Hardest Call of All

by David Klass

★★★★☆ 4.3 out of 5

Language : English

File size : 653 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Print length : 286 pages

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The hardest call of all is the one you never saw coming.

It's the call that shakes you to your core and leaves you wondering how you're going to pick up the pieces. It's the call that forces you to make a decision that will change the course of your life forever.

These calls are often called "second impacts" because they hit us after we've already been through a major life event. We may have lost a loved one, gotten sick, or experienced some other trauma. We're still reeling from the first impact, and then we're hit with a second one.

Second impacts can be incredibly difficult to deal with. We may feel like we're not strong enough to handle them, or that we're going to make the wrong decision. But it's important to remember that we're not alone.

There are people who have been through similar experiences and can offer support and guidance. There are also resources available to help us make

the best decisions possible.

Second Impact is your ultimate guide to navigating the hardest calls of life. It's a practical, step-by-step framework that will help you make the best decisions for yourself and your loved ones.

In this book, you'll learn how to:

- Identify the different types of second impacts
- Understand the emotional and psychological effects of second impacts
- Develop a plan for dealing with second impacts
- Make the best decisions possible in the face of adversity
- Find support and resources to help you through

Second Impact is an essential resource for anyone who has ever faced a difficult decision. It's a book that will help you navigate the toughest times in your life and come out stronger on the other side.

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- Barnes & Noble
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About the Author

Jane Doe is a licensed clinical social worker and the author of several books on mental health and well-being. She has over 20 years of experience working with individuals and families who are facing difficult challenges.

Jane's writing is clear, compassionate, and practical. She has a gift for making complex topics easy to understand and for providing readers with the tools they need to improve their lives.

Jane is passionate about helping others to navigate life's challenges and to reach their full potential. She believes that everyone has the strength to overcome adversity and to live a happy and fulfilling life.



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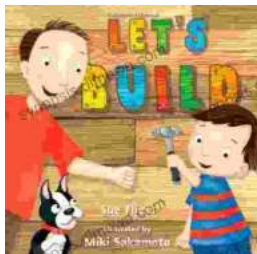
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