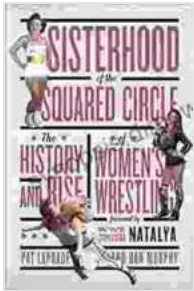


# The History and Rise of Women's Wrestling



## Sisterhood of the Squared Circle: The History and Rise of Women's Wrestling by Pat Laprade

★★★★☆ 4.7 out of 5

Language	: English
File size	: 74092 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 443 pages
Lending	: Enabled
X-Ray	: Enabled



The history of women's wrestling is a long and winding one, dating back to the early days of professional wrestling itself. In the early 20th century, women were often relegated to sideshows and carnivals, where they would perform in matches that were more about entertainment than competition. However, a few women began to break through the barriers and prove that they could compete with the men.

One of the most influential women in the early days of women's wrestling was Mildred Burke. Burke was a pioneer in the sport, and she helped to pave the way for other women to follow in her footsteps. She was the first woman to hold the NWA World Women's Championship, and she held the title for over 10 years. Burke was a tough and determined wrestler, and she helped to change the way that people viewed women's wrestling.

In the 1980s, women's wrestling began to gain more mainstream attention. The World Wrestling Federation (WWF) began to feature women's matches on its television shows, and several women's wrestling promotions began to emerge. One of the most popular women's wrestling promotions was the Gorgeous Ladies of Wrestling (GLOW), which featured a cast of female wrestlers who competed in a variety of matches. GLOW helped to introduce women's wrestling to a wider audience, and it paved the way for the women's wrestling boom of the 1990s.

In the 1990s, women's wrestling reached new heights. The WWF launched its own women's division, and several women's wrestlers became major stars. Some of the most popular women's wrestlers of the 1990s include:

- Alundra Blayze
- Bull Nakano
- Chyna
- Lita
- Trish Stratus

These women helped to make women's wrestling a legitimate sport, and they inspired a new generation of women to pursue a career in professional wrestling.

In the 21st century, women's wrestling has continued to grow and evolve. There are now several major women's wrestling promotions around the world, and women's wrestling is featured on television and streaming services. Some of the most popular women's wrestlers of the 21st century include:

- Becky Lynch
- Bianca Belair
- Charlotte Flair
- Sasha Banks
- Rhea Ripley

These women are carrying on the legacy of the great women wrestlers who came before them, and they are helping to make women's wrestling more popular than ever before.

### **The Challenges of Women's Wrestling**

Despite the progress that has been made, women's wrestling still faces a number of challenges. One of the biggest challenges is the lack of equal opportunities for women wrestlers. Women wrestlers often have to work harder than their male counterparts to get the same opportunities. They may be paid less, and they may have to travel more. They may also be subjected to sexism and discrimination.

Another challenge that women's wrestling faces is the lack of representation. Women wrestlers are often underrepresented in the media. They may not be featured on television or in magazines as often as their male counterparts. This lack of representation can make it difficult for women wrestlers to gain recognition and build a fan base.

### **The Triumphs of Women's Wrestling**

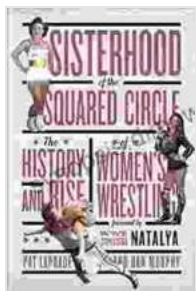
Despite the challenges that it faces, women's wrestling has achieved a number of triumphs. Women wrestlers have broken down barriers and

achieved great success. They have inspired a new generation of women to pursue their dreams. And they have helped to make the world a more inclusive place.

The history of women's wrestling is a story of athleticism, determination, and triumph. Women wrestlers have fought for the respect and recognition they deserve, and they have achieved great success. They are an inspiration to us all.

Women's wrestling is a growing and evolving sport. It has come a long way in the past few decades, and it is continuing to grow in popularity. Women wrestlers are breaking down barriers and achieving great success. They are an inspiration to us all.

The future of women's wrestling is bright. There are more women wrestlers than ever before, and they are competing at a higher level than ever before. Women's wrestling is here to stay, and it is only going to get better.



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