

Unleash the Power of Special Teams: A Comprehensive Guide by Industry Experts

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Prepare to elevate your special teams game to unprecedented heights with "Coaching Special Teams By The Experts," the definitive resource that brings together the wisdom and experience of industry-leading coaches. This comprehensive guide will equip you with the knowledge, strategies, and techniques to transform your special teams unit into a game-changing force.



Coaching Special Teams: By the Experts by Sarah Rayner

★★★★★ 5 out of 5

Language : English
File size : 3659 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 251 pages
Lending : Enabled



Comprehensive Coverage:

Spanning over 300 pages, this book covers every aspect of special teams play, including:

- Punt and kickoff coverage

- Punt and kickoff return
- Field goal and extra point blocking
- Field goal and extra point kicking
- Fake special teams plays
- Special teams personnel and formations

Expert Contributors:

Gain insights from the brightest minds in special teams coaching, including:

- **Mike Westhoff:** Former special teams coordinator for the New York Jets and Miami Dolphins, renowned for his innovative schemes
- **Rich Bisaccia:** Head coach of the Las Vegas Raiders, former special teams coordinator for the Indianapolis Colts
- **Darrell Bevell:** Offensive coordinator for the Jacksonville Jaguars, former special teams coordinator for the Detroit Lions

Innovative Strategies:

Discover cutting-edge strategies for dominating on special teams, such as:

- The "Reverse Wedge" punt block scheme
- The "Skywalker" kickoff return formation
- The "Zygote Muff" field goal protection play

Detailed Illustrations and Diagrams:

Visualize key concepts and techniques with over 100 detailed illustrations and diagrams, providing a clear understanding of formations, coverages, and plays.

Practical Drills and Exercises:

Implement the strategies and techniques covered in the book with over 50 practical drills and exercises, designed to enhance player execution and team performance.

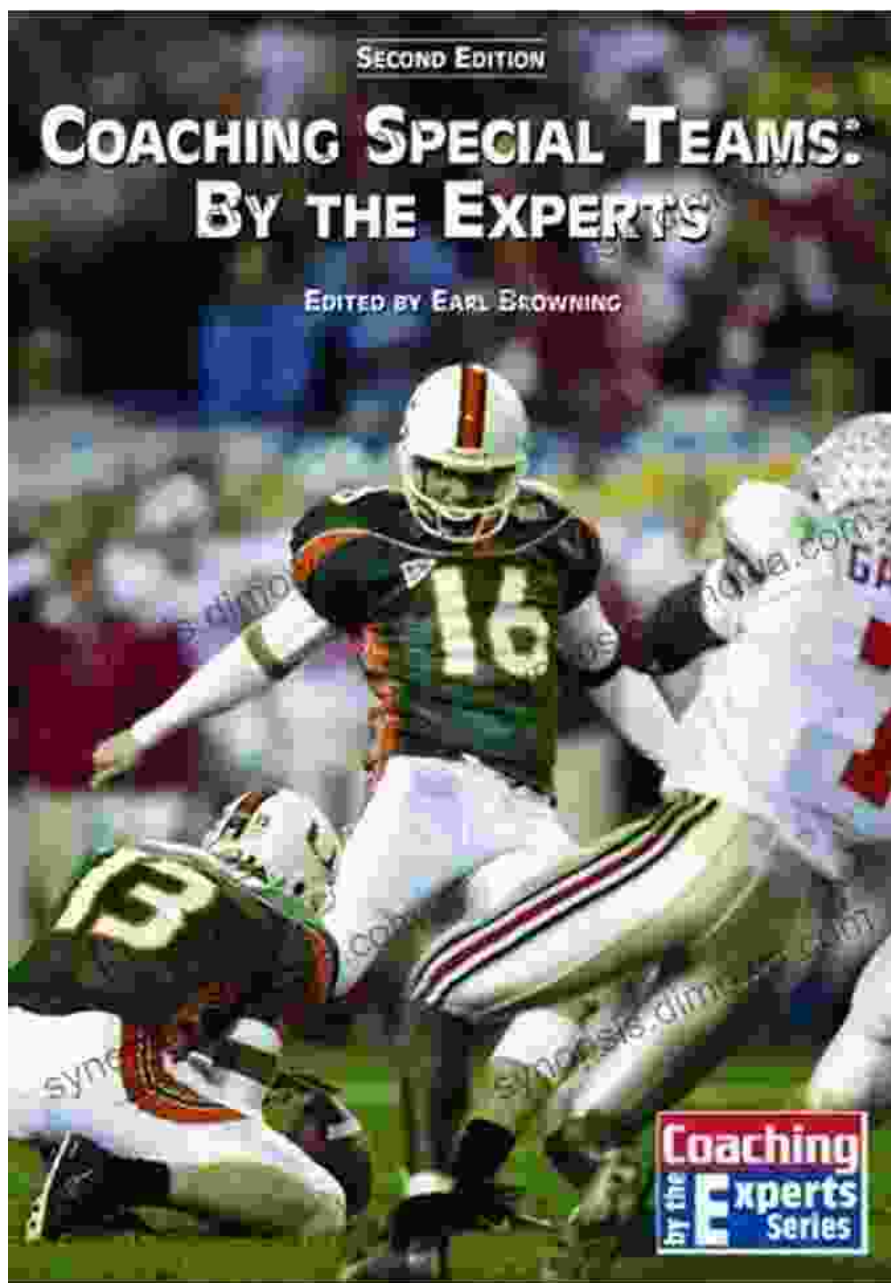
Real-Life Case Studies:

Learn from real-life examples of successful special teams units, analyzing their strategies and tactics to gain valuable insights.

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"Coaching Special Teams By The Experts" is the ultimate resource for coaches, players, and anyone looking to elevate their special teams game to the highest level. With the knowledge and expertise provided in this guide, you can unlock the potential of your special teams unit and become a force to be reckoned with on the field.

Free Download your copy today and dominate on special teams!



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